

## **THE AYURVEDA HOSPITAL**

### **MAJOR INDICATORS:**

**Outpatient Census:126 (300 OPD Days)**

**Inpatient Census: 46/60**

**Admission rate: 1.82**

**Average Bed Occupancy: 46.1**

**Average hospitalization rate. 15 days**

### **Hospital Administration:**

<b>Sl no</b>	<b>Name</b>	<b>Designation</b>
1	Dr. Nirupam Bhattacharyya	Clinical Registrar Cum Medical Superintendent (I/c)
2.	Smt. Arambam Thadoi Chanu	Nursing Superintendent

### **Hospital Development Activities during the year:**

**Starting of OPD Services:** NEIAH started its functional OPD from its permanent campus in Mawdiangdiangw.e.f 01.10.2016. Presently NEIAH is providing OPD services in Kayachikitsa, Panchakarma, Shalya, Shalakya, PTSR and Casualty with surge of patients in each Department exponentially.

**Biomedical Waste Disposal:** The hospital staff is sensitized regularly on the topic of biomedical waste management. In addition to this the hospital has MOU with Shillong Municipal Board for disposal of Bio medical waste efficiently after proper segregation.

**NABH Accreditation:** The hospital is taking active steps in regards to gain accreditation under NABH in near future. The development of IPD, Panchakarma, Labour room and uplifting the Central Laboratory are steps in this direction.

**Starting of Peripheral OPD:** Peripheral OPD services were started at Smit, Meghalaya on 06.01.2024 as the institute endeavours to expand its healthcare services in the region. The OPD services were formally inaugurated by Director, NEIAH with OPD services in Ayurveda and Homoeopathy along with free medicine as per availability. The Director, NEIAH also made registration of patients with BPL free for the peripheral OPD. services.

**Starting Of Screening OPD:** The Screening OPD was started in the hospital OPD services on 01.02.2025 as per norms of NCISM. The Screening OPD will facilitate better distribution of patients in the hospital improving better patient care.

### **Remarkable works by the hospital:**

**Celebration of National Ayurveda Day:** As per the guidelines of Ministry of AYUSH, Government of India the auspicious occasion of Dhanwantari Puja was celebrated on 29.10.2024. An exhibition on different aspects of Ayurveda was organised at the hospital as a part of Ayurveda day celebration for the patients and students of different schools in Shillong as an effort to spread awarness for Ayurveda in the region.

**Institution Establishment Day:** The 8th Establishment Day was celebrated on 22.12.2024. On this occasion various events were organised with the inpatients being provided with healthy fruits and wholesome food.

**Celebration of 77<sup>th</sup> Independence Day:** The 77<sup>th</sup> Independence Day was celebrated on 15.08.2024 in the hospital premises. On this occasion, the national tricolour was unfurled by the Director, NEIAH in the presence of the faculties, doctors, students and hospital and office staff. On this occasion fruits and refreshments were distributed among the IPD patients by the Director in the presence of doctors, paramedical staff and administrative staff of NEIAH.

**Celebration of 75<sup>nd</sup> Republic Day:** The 75<sup>th</sup> Republicday was celebrated on 26.01.2024 in the hospital premises. On this occasion, the national tricolour was unfurled by the Director, NEIAH in the presence of the faculties, doctors, students and hospital and office staff. On this occasion fruits and refreshments were distributed among the IPD patients by the Director in the presence of Medical Superintendent (I/c) and other doctors.

**Cleanliness Drive:** in relation to Swatch Bharat Mission initiated by the Government of India, the Hospital staff engaged in cleanliness drive to clean the hospital premises from time to time during the course of the year under the guidance of the Director, NEIAH.

### **Medical Camps:**

The hospital also organised Health Camps in various remote areas of Meghalaya with the aim to popularize Ayurveda in the region. In the health camps conducted free medical consultation along with free medicines were provided to the patients.

**The details of the Free Health Camps with free distribution of medicines are given as per:**

<b>Date</b>	<b>Venue</b>	<b>Total no of patients</b>
01/07/2024	Sohrynkham	139
08/07/2024	Rilang children home	35
30/09/2024	Mawrynenkeng	174
23/10/2024	CRPF, Polo	82
25/10/2024	Mawkasiang	29
25/10/2024	Mawiong	39
26/10/2024	Hindu Mission Children Home	52

26/10/2024	Rilang children home	42
28/10/2024	Laitlum	88

### OPD statistics

OPD	New	Old	Total
OPD (April2024- March 2025)	1403	23749	37783
<b>Grand Total</b>			<b>37783</b>

OPD	Male	Female	Total
OPD (April2024- March 2025)	14811	22972	37783
<b>Grand Total</b>			<b>37783</b>

### Department wise OPD data (April2024- March 2025)

Sl No	OPD	Total Patients Visited
1.	Kayachikitsa	9262
2.	Panchakarma	13207
3.	Shalya	5428
4.	Shalakya( Netraroga)	1540
5.	Shalakya( ENT)	1626
6.	Prasuti Tantra& StreeRoga	307
7.	Kaumarbhritya	260
8.	Swastharkshana	1984
9.	Dental	928
10.	Dietician	408
11.	Yoga	1151
12.	Afternoon OPD (General)	522
13.	Physiotherapy	1391
14.	Deadiction	430
15.	RogaNidana	636

### IPD statistics:

**Total 60 beds are available in the hospital. The detail is given as below:**

TOTAL NUMBER OF BEDS	TOTAL PATIENTS	NUMBER OF BED/ DAYS	BED OCCUPANCY RATE
60	688	12040	46.1

**Total no of Cases in Minor OT: 628**

**Total no of OT cases**

Procedure	Total Cases
Ksharsutra	154

**Total Procedure in Labour room- 39**

**Total no of Patients for Panchakarma Therapy:**

**Female: 6416**

**Male: 3664**

**Total: 10080**

**Therapy statistics (April 2024- March 2025)**

Therapy	Male	Female	Total
Abhyanga	1725	1718	3443
Balukasweda	290	452	742
Kati basti	1361	3213	4573
Nadisweda	1743	3939	5682
Matravasti	1063	2190	3253
Niruhabasti	967	721	1688
Anuvasanabasti	1031	972	2003
Greevabasti	817	1407	2224
Janubasti	558	1208	1766
Urobasti	13	32	45
Prsthabasti	310	278	588
Nasya	1515	1692	3207
Baspasweda	984	656	1640
Tapa Swedana	317	459	776
PatraPindaSweda	1279	726	2005
Shirodhara	754	566	1320
Swastika ShaliPindaSweda	162	653	815
JambeeraPindaSwedana	463	389	852
KukutandaPindaSwedana	98	214	312
Udvartana	391	189	580
Shirobasti	173	0	173
Raktamokshana	78	52	130
Agnikarma	1658	1336	2994
SarvangaParisekha	790	389	1179
Vamana	13	14	27
Virechana	48	97	145
Upanaha	742	1133	1875
Shiroabhyanga	75	48	123
Shiro pichu	80	72	152

Others	478	681	1159
<b>Grand Total</b>			<b>45471</b>

**Total Procedure in Kriya kalpa- 673**

**STATISTICS OF LABORATORY DIAGNOSTIC FACILITIES (April2024- March 2025)**

**REPORT APRIL 2024- MARCH 2025, CENTRAL LAB. NEIAH, SHILLONG**

NAME OF THE TEST	24-Apr	24-May	24-Jun	24-Jul	24-Aug	24-Sep	24-Oct	24-Nov	24-Dec	25-Jan	25-Feb	25-Mar
CBC	408	481	460	608	357	0	0	0	0	0	0	0
ESR	410	479	461	608	358	1	0	1	0	0	0	0
TLC	0	0	1	0	0	0	0	0	0	0	0	0
DLC	2	0	1	0	0	0	0	0	0	0	0	0
LFT	198	153	320	369	282	186	178	177	133	181	152	167
FBS	122	90	177	200	164	110	70	90	65	81	71	76
PPBS	78	54	108	139	99	79	39	68	36	52	52	50
RBS	171	147	247	349	215	124	125	154	98	144	121	111
KFT	168	134	274	305	256	169	168	130	116	158	123	141
CREATININE	138	111	151	231	132	70	32	100	45	59	55	39
UREA	1	0	2	0	2	1	1	1	0	0	0	0
LIPID	93	81	161	194	138	100	73	72	59	92	68	75
URIC ACID	237	172	335	432	305	137	186	184	133	176	141	144
CALCIUM	62	57	122	152	135	58	101	82	56	74	43	71
Rapid MP	3	2	0	1	0	0	0	0	0	0	0	0
RAF	46	38	31	0	0	0	34	37	12	0	0	7
CRP	62	56	100	139	31	0	71	54	14	0	0	8
ASO	17	14	17	6	0	0	5	8	6	0	0	2
WIDAL	5	6	5	6	3	2	1	3	2	0	1	1
ABO/Rh	19	10	2	6	3	4	9	22	1	5	8	0
URINE R/E	79	105	99	154	0	0	0	0	0	0	0	0
URINE HCG	5	0	1	0	0	0	0	0	0	0	0	0
HCV	37	34	27	7	1	0	0	0	0	0	0	2
HIV	40	47	32	0	2	0	0	0	0	0	0	2
HbSAg	40	47	34	41	1	0	0	0	0	0	0	2
BT/CT	6	19	15	22	11	16	7	0	4	5	2	1
PBS	4	3	11	5	7	0	0	0	1	0	0	0
AEC	2	1	2	6	5	0	0	0	0	0	0	0
SYPHILIS	5	6	1	3	2	0	0	0	0	0	0	0
TYPHI DOT	0	3	5	0	0	0	0	0	0	0	0	0
PBS MP	0	1	0	1	1	0	0	0	0	0	0	0
PLATELET	0	1	0	0	0	0	0	0	0	0	0	0
SEmen ANALYSIS	1	1	2	0	2	0	0	0	0	0	0	0

TSH	189	299	256	127	0	0	0	67	0	0	0	9
T3	49	90	100	37	0	0	0	23	0	0	0	0
T4	49	90	99	1	0	0	0	22	0	0	0	0
FT3	85	64	33	3	0	0	0	8	0	0	0	1
FT4	92	84	73	11	0	0	0	18	0	0	0	1
VIT D	279	411	190	77	0	0	0	113	0	0	0	0
VIT B12	114	159	104	53	24	0	0	52	0	0	0	5
ALBUMIN	0	0	0	0	1	0	0	0	0	0	0	0
<b>TOTAL TEST</b>	<b>3316</b>	<b>3550</b>	<b>4059</b>	<b>4293</b>	<b>2537</b>	<b>1057</b>	<b>1100</b>	<b>1486</b>	<b>781</b>	<b>1027</b>	<b>837</b>	<b>915</b>
<b>TOTAL PATIENTS</b>	<b>669</b>	<b>714</b>	<b>695</b>	<b>824</b>	<b>562</b>	<b>339</b>	<b>311</b>	<b>389</b>	<b>210</b>	<b>300</b>	<b>247</b>	<b>241</b>

**X- Ray: 7819**

**ECG: 827**